

Terms and conditions

This agreement delineates conditions of the arrangement between Mark Rahaman (MarkRFitness) and the client

1. Terms

The client hires the services of the company for a minimum of 12 weeks

2. Fees

For all services rendered by the company under this agreement. The company shall be paid in full in advance of the commencing 12 weeks.

3. Refunds

There will be no cash refunds

4. Physical condition of the client

The client confirms that he or she is in good physical condition and that he or she is capable of engaging in active or passive exercise and that such exercise would not be detrimental to his or her health, safety or physical discomfort

The company is not liable for death, injury or damage caused by The Client carrying out exercise incorrectly, contrary to the instructions or the advice of The Company

5. Disclaimer of Guarantee

Nothing in this agreement and nothing in The Company's statement to The Client shall be interpreted or constructed as a promise or guarantee about the progress or results of The Client's fitness and diet program

6. Entire Agreement

This agreement sets forth the entire understanding of the parties and may not be exchanged except by written consent of both parties. The Terms of this agreement will apply equally to each subsequent course of sessions as if the course was included in clause 1. Above. It is understood by both parties and that this agreement will remain legally binding